

HELPFUL NUMBERS

Emergencies

Emergency (fire, police, sheriff, ambulance)..... 911

Poison Control:

Stormont-Vail Regional Hospital and Medical Center..... (785) 354-6100

St. Francis Hospital and Medical Center..... (785) 295-8095

Valeo Behavioral Health Care Crisis Hotline..... (785) 234-3300

General Information

Time and Temperature..... (785) 271-7575

Topeka Housing Authority..... (785) 357-8842

Community Resources Council..... (785) 233-1365

Identification Sources

Driver's License Exam Station..... (785) 266-7380

Social Security Administration..... (785) 295-0100

Voter Registration..... (785) 266-0285

Public Service

American Red Cross..... (785) 234-0568

Community Action..... (785) 235-9561

Doorstep..... (785) 357-5341

Legal Aid (Kansas Legal Services)..... (785) 233-2068
Let's Help..... (785) 234-6208
Public Defender..... (785) 296-1833
Rescue Mission..... (785) 354-1744
Salvation Army..... (785) 233-9648
Topeka Police Department..... (785) 368-9200
United Way of Greater Topeka..... (785) 273-4804

Recreation

YMCA..... (785) 354-8591
YWCA..... (785) 233-1750
Topeka Parks and Recreation..... (785) 368-3838
Shawnee County Parks and Recreation..... (785) 267-1156

Transportation

Topeka Transit (Scheduling and Route Information)..... (785) 354-9571
The Lift (for persons with disabilities)..... (785) 232-9100
Capitol City Taxi..... (785) 267-3777
Yellow Cab..... (785) 357-4444

Referrals

Battered Women’s Task Force.....	(785) 354-7927
Easter Seals Capper Foundation.....	(785) 272-4060
El Centro De Servicios para Hispano.....	(785) 232-8207
ERC Reference and Referrals.....	(785) 357-5171
Family Service and Guidance.....	(785) 232-5005
KCSL – Family Resource Center.....	(785) 357-8518
Kansas Dental Association.....	(785) 272-7360
Shawnee Regional Prevention and Recovery Services.....	(785) 266-8666
Services for Alcohol Related Problems.....	(785) 234-3448
SRS Protective Services Abuse Hot Line.....	1-800-922-5330
Topeka/Shawnee County Health Agency.....	(785) 368-2000
Valeo Behavioral Health Care.....	(785) 233-1730
Women’s Recovery Center.....	(785) 233-5885

Support Networks

Autism Society of America.....	1-800-3AUTISM (328-8476)
	http://www.autism-society.org/site/PageServer
Down Syndrome Support.....	(785) 232-0597
Family Service and Guidance Center, Parent Support.....	(785) 234-5663
Families Together.....	(785) 233-4777
Statewide Spanish Parent & Line (Espanola).....	1-800-449-9443

Epilepsy Foundation of America.....1-800-332-1000

United Cerebral Palsy Associations, Inc. (USPA).....1-800-872-5827

Advocacy

People First Topeka..... (785) 233-6773
peoplefirst1@yahoo.com

InterHab..... (785) 235-5103
www.interhab.org

ARC Advocacy Topeka Chapter..... (785) 232-0597

Disability Rights Center of Kansas..... (785) 273-9661

Self-Advocates of Kansas (SACK).....(785) 749-5588
www.sackonline.org/Local_Self_Advocacy_Groups.html 1-888-354-7225

WEBSITE INFORMATION

www.nichcy.org - National Information Center for Children and Youth with Disabilities

www.HealthCareCoach.com – This website is dedicated to helping people with health insurance get what they need out of the health care system.

www.ksdisability.com – This website contains a wealth of information regarding eligibility for services in Kansas, how to access services and contact information for all licensed providers.

www.kcdcinfo.com - Kansas Commission on disability concerns

www.disabilityresources.org/ - Provides information on summer camps for individuals with disabilities.

www.kpirc.org - Provides numerous parent and education resources and links specific to educational rights under the legislation.

www.yellowpagesforkids.com/help/ks.htm - Provides several educational consultants, psychologists, educational diagnosticians, health care providers, academic therapists, tutors, speech language therapists, occupational therapists, coaches, advocates, and attorneys for children with disabilities

www.kslegislature.org/bills - Kansas Legislature

www.thearc.org – Arc of the US – National organization on mental retardation provides local chapter links and information on projects, services and education.

www.ancor.org/ – The American Network of Community Options and Resources (ANCOR). Advocacy organization for private providers who provide supports and services to people with mental retardation and other developmental disabilities.

www.familiestogetherinc.org - Families Together: Serving families in Kansas with a son or daughter with a developmental disability.

www.drckansas.org – Disability Rights Center of Kansas (DRC)

www.interhab.org - InterHab – Resource network for Kansans with Disabilities

www.bigtentcoalition.org - Big Tent Coalition: Advocacy groups who have joined together.

www.fsgctopeka.com - Family Service and Guidance Center

www.thenadd.org - National Association for the Dually Diagnosed (NADD) this is an association for persons with developmental disabilities and mental health needs.

www.srs.ks.gov/agency/css - Community Supports and Services (CSS) manages a system of community-based supports and services for persons with disabilities.

www.Valeotopeka.org – Valeo Behavioral Health Care

www.cactiontopeka.com – Community Action, Inc.

www.kssso.org – Special Olympics Kansas

Other Oxford House Resources

Dawn @ Doorstep	(785) 357-5341
Grace UMC	(785) 232-3333
First UMC	(785) 233-8100
Mater Dei	(785) 235-0953
University United Methodist	(785) 235-2331

Oxford House Inc.
www.oxfordhouse.org
1-800-689-6411

Friends of Recovery
www.friendsofrecovery.com
(913) 722-0367