

# Oxford House

*Recovery • Responsibility • Replication*

## **The 3-R's for Addicts to Regain Freedom**

***Recovery:*** *The process by which addicted individuals become free of addiction for the rest of their life.*

***Responsibility:*** *The means by which an individual gradually assumes control over his or her lifestyle so that choices can be consistently made to avoid the use of alcohol or drugs.*

***Replication:*** *The means through which addicted individuals living in an Oxford House share their newfound lifestyle of living in a supportive, alcohol and drug-free environment with other individuals wanting comfortable sobriety by starting new Oxford Houses to give other recovering individuals a real opportunity to achieve recovery without relapse.*